

TEZSPIRE is an add-on maintenance treatment for people aged 12 and older with severe asthma or inadequately controlled chronic rhinosinusitis with nasal polyps (CRSwNP).
TEZSPIRE is not for sudden breathing problems.



Your Personal Doctor Discussion Guide

Complete this questionnaire and ask your doctor if TEZSPIRE could be right for you.

Identify some of your symptoms and triggers

	Never	Once a month	Once a week	2(+) times a week
Chest tightness	<input type="range"/>	<input type="range"/>	<input type="range"/>	<input type="range"/>
Wheezing	<input type="range"/>	<input type="range"/>	<input type="range"/>	<input type="range"/>
Coughing	<input type="range"/>	<input type="range"/>	<input type="range"/>	<input type="range"/>
Shortness of breath	<input type="range"/>	<input type="range"/>	<input type="range"/>	<input type="range"/>
Use of a rescue inhaler	<input type="range"/>	<input type="range"/>	<input type="range"/>	<input type="range"/>
Nighttime awakenings	<input type="range"/>	<input type="range"/>	<input type="range"/>	<input type="range"/>
Other	Please note any additional symptoms on the reverse side.			

Talk to your doctor about all of your asthma symptoms. If you continue to experience symptoms regularly, it may be a sign that your severe asthma is uncontrolled.

Your asthma triggers

☐ Pollen

☐ Humid air

☐ Strong smells/fumes

☐ Exercise/physical activity

☐ Cold air

☐ Pet dander

☐ Viral infections

☐ Weather changes

☐ Allergies

☐ Smoke

☐ Pollution/Smog

☐ Strong emotions/stress

☐ Other

Share your recent asthma history

In the past 12 months, I have had an asthma attack that led me to...

Take Steroids

Visit an urgent care center or ER

Other medications I am currently taking:

IMPORTANT SAFETY INFORMATION

Do not use TEZSPIRE if you are allergic to tezepelumab-ekko or any of its ingredients.

Do not use to treat sudden breathing problems.

TEZSPIRE may cause serious side effects, including:

- allergic (hypersensitivity) reactions, including anaphylaxis. Serious allergic reactions can happen after your TEZSPIRE injection. Allergic reactions can sometimes happen hours or days after you get a dose of TEZSPIRE. Call your healthcare provider or get emergency help right away if you get any of the following symptoms of an allergic reaction:
 - rash
 - breathing problems
 - hives
 - red, itchy, swollen, or inflamed eyes
 - swelling of your face, mouth, and tongue
 - fainting, dizziness, feeling lightheaded

Before using TEZSPIRE, tell your healthcare provider about all of your medical conditions, including if you:

- have ever had a severe allergic reaction.
- have a parasitic (helminth) infection.
- have recently received or are scheduled to receive any vaccinations. You should not receive a “live vaccine” if you are treated with TEZSPIRE.
- are pregnant or plan to become pregnant.
- are breastfeeding or plan to breastfeed. It is not known if TEZSPIRE passes into your breast milk. Talk to your healthcare provider about the best way to feed your baby if you use TEZSPIRE.
- are taking prescription and over-the-counter medicines, vitamins, or herbal supplements.

Is **TEZSPIRE** right for you? Ask these questions at your next doctor’s visit to help find out.

1. How can TEZSPIRE help control my asthma?
2. How is TEZSPIRE different from other treatment options?
3. What are the possible side effects of TEZSPIRE?
4. How is TEZSPIRE taken?
5. Can TEZSPIRE work for my type of asthma?
6. What if I can’t afford TEZSPIRE? Are there financial support options available?
7. Who should not take TEZSPIRE?

With just 1 dose every 4 weeks,
Tezspire can help you say **YEZ** to

FEWER
ASTHMA
ATTACKS

IMPROVED
LUNG
FUNCTION

ASTHMA
SYMPTOM
RELIEF

Results may vary. TEZSPIRE is not a rescue medication.

IMPORTANT SAFETY
INFORMATION (CONT'D)

Do not change or stop taking your other asthma medicines unless instructed to do so by your healthcare provider.

The most common side effects of TEZSPIRE include: Sore throat, joint and back pain, common cold symptoms, flu, upper respiratory tract infections, injection site reactions, and nose bleeds. These are not all the possible side effects.

APPROVED USE

TEZSPIRE is a prescription medicine used:

- with other asthma medicines for the maintenance treatment of severe asthma in people 12 years of age and older whose asthma is not controlled with their current asthma medicine.
- with other medicines for the maintenance treatment of chronic rhinosinusitis with nasal polyps (CRSwNP) in people 12 years of age and older whose CRSwNP is not controlled with their current CRSwNP medicine.

TEZSPIRE helps:

- prevent severe asthma attacks (exacerbations) and can improve your breathing.
- reduce the size of your polyps, improve symptoms including i.e. nasal congestion and loss of smell, and reduce the need for oral corticosteroids and surgery for your nasal polyps in CRSwNP.

TEZSPIRE is not used to treat sudden breathing problems. Tell your healthcare provider if your asthma does not get better or if it gets worse after you start treatment with TEZSPIRE.

Please see full [Prescribing Information](#), including [Patient Information](#) and [Instructions for Use](#).

[You may report side effects related to AstraZeneca products](#).